

Board of Directors' Meeting

January 10, 2024

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A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, January 10, 2024 in the Board Room at 2000 Mowry Avenue, Fremont and Zoom access was provided. Director Wallace called the meeting to order at 6:00 p.m. and led those in attendance of the meeting in the Pledge of Allegiance.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

Roll call was taken: Directors present: Michael Wallace; William Nicholson, MD; Bernard Stewart, DDS; Jeannie Yee

ROLL CALL

Absent: Jacob Eapen, MD

Also present: Kimberly Hartz; Larry LaBossiere; Thomas McDonagh; Terri Hunter; Paul Kozachenko; Tina Nunez; Donald Pipkin; John Zubiena; Laura Anning; Sheela Vijay; Jason Krupp, MD; John Lee; Gisela Hernandez; Michelle Hudson; Mark Saleh, MD; Seema Sehgal, MD; Angus Cochran; Brian Smith, MD; Dan Nardoni; Kel Kanady; Jerri Randrup; Felipe Villanueva; Mary Bowron; Walter Choto; Melissa Garcia; Kristin Ferguson; Dianne Martin, MD; Noah Bell; Cheryl Renaud; Shirley Ehrlich

Director Wallace welcomed any members of the general public to the meeting.

OPENING REMARKS

Director Wallace noted that Public Notice for this meeting, including Zoom information, was posted appropriately on our website. This meeting was recorded for broadcast at a later date.

There were no Oral Communications.

*COMMUNICATIONS:
ORAL*

There were no Written Communications.

*COMMUNICATIONS:
WRITTEN*

Director Wallace presented the Consent Calendar for consideration:

CONSENT CALENDAR

- A. Consideration of Minutes of the Regular Meetings of the District Board: December 13, 18 & 19, 2023
- B. Consideration of Mayfield Head Holder (Skull Clamp) Neurosurgical Replacement Parts

Director Yee moved that the Board of Directors approve the Consent Calendar, Items A through B. Director Stewart seconded the motion.

Roll call was taken:

Jacob Eapen, MD – absent
William Nicholson, MD – aye

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Michael Wallace – aye
Jeannie Yee – aye
Bernard Stewart, DDS – aye

Motion Approved.

Kimberly Hartz, Chief Executive Officer, introduced Dr. Seema Sehgal, WTMF Psychiatrist, who presented, “Embracing the Light in the Shadows: Navigating Anxiety & Depression”. Dr. Sehgal defined and discussed the factors that could affect and influence mental health. She provided the statistics of depression and anxiety and the identifying symptoms. Dr. Sehgal also provided a list of coping strategies for anxiety and depression.

*PRESENTATION:
ANXIETY &
DEPRESSION*

Dr. Mark Saleh, Chief of Staff, reported that there are now 627 Medical Staff members, including 343 active members. Dr. Saleh stated that the Quarterly Medical Staff Meeting went well. Dr. Chet Morrison and Elwood Conaway presented the Trauma Timeline in anticipation of opening the Provisional Level II Trauma Center in July 2024. Dr. Albert Brooks, President of ACCMA, gave a presentation of the 2024 New California Health Laws of Interest to Physicians. Dr. Saleh announced that he will be conducting a seminar about Aquablation on an upcoming Facebook Live on February 13.

*MEDICAL STAFF
REPORT*

Sheela Vijay, the Service League President, reported that there were 156 members of the Service League who contributed 1,397 hours to the Hospital in December 2023. Sheela reported that since April of 2023, the Mended Hearts Program has seen tremendous growth. The volunteers made a 70 percent increase in visits to Mended Heart patients in 2023, which is an increase of 170 percent, compared to 2022.

*SERVICE LEAGUE
REPORT*

Sheela highlighted the Lobby Volunteers, many of whom are students, which embody the values of courtesy and friendliness. They engage in responsibilities such as delivering flowers and discharging patients, which contribute to smoother operations in the Hospital environment. Recently, they have been charged with rounding up transport chairs, which often go missing and need to be returned. Sheela noted that the Service League will be relocating their office to the first floor of the Washington West Building, in the former Health Resource Library.

Kimberly Hartz, Chief Executive Officer, introduced Dr. Dianne Martin who presented the Annual Quality Report for the Infection Prevention Program. She reviewed the background, focus and oversight responsibilities of the Infection Prevention Committee and the multidisciplinary approach. The key program components include Quality and Patient Safety, Patient and Family Education, Active Surveillance, Root Cause Analyses and Evidence-Based Policies and Procedures. Dr. Martin also noted that Washington Hospital reports data through the National Healthcare Safety Network (NHSN), Centers for Disease Control (CDC), Centers for Medicare and Medicaid Services (CMS), the California Department of Public Health (CDPH) and the Alameda County Public Health Department.

*QUALITY REPORT:
2023 INFECTION
PREVENTION
PROGRAM PLAN
UPDATE*

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Dr. Martin reviewed the Infection Prevention Regulatory Updates for 2024 from the Joint Commission Hospital National Patient Safety Goals (NPSG) and the Centers for Disease Control / National Healthcare Safety Network (NHSN). Dr. Martin discussed the identified focus areas on the Risk Assessment Calendar and provided the key practice improvement strategies for 2024, including planning for the ongoing triple endemic, which includes COVID, Influenza and RSV.

Tom McDonagh, Vice President & Chief Financial Officer, presented the Finance Report for November 2023. The average daily inpatient census was 155.2 with discharges of 864 resulting in 4,657 patient days. Outpatient observation equivalent days were 352. The average length of stay was 5.03 days. The case mix index was 1.481. Deliveries were 116. Surgical cases were 457. The Outpatient visits were 8,724. Emergency visits were 4,959. Cath Lab cases were 150. Joint Replacement cases were 187. Neurosurgical cases were 25. Cardiac Surgical cases were 7. Total FTEs were 1,632.3. FTEs per adjusted occupied bed were 5.98.

FINANCE REPORT

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for December 2023. Patient gross revenue of 215.7 million for December was favorable to budget by \$1.9 million (0.9%), and it was higher than December 2022 by \$8.7 million (4.2%).

*HOSPITAL
OPERATIONS REPORT*

The Average Length of Stay was 5.71. The Average Daily Inpatient Census was 175.8. There were 19 discharges with lengths of stays greater than 30 days, ranging from 31-74. Still in house at the end of the month, there were 8 patients with length of stays of over 30 days and counting.

There were 5,449 patient days. There were 490 Surgical Cases and 113 Cath Lab cases at the Hospital. Peninsula Surgery Center visits were favorable to budget by 20 (40%).

Deliveries were 136. Non-Emergency Outpatient visits were 8,052. Emergency Room visits were 5,254. Total Government Sponsored Preliminary Payor Mix was 71.7%, against the budget of 73.1%. Total FTEs per Adjusted Occupied Bed were 5.77. The Washington Outpatient Surgery Center visits were favorable to the budget by 16 (3.0%).

There were \$159K in charity care adjustments in November 2023.

January Employee of the Month is Lina Nguyen, RN, in Case Management.

*EMPLOYEE OF THE
MONTH*

Past Health Promotions & Community Outreach Events:

HOSPITAL CALENDAR

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- December 14: WHHS hosted a health education booth at Thornton Middle School Health Fair
- December 18: Holiday Anxiety: How to Beat the Blues – Facebook Live & YouTube
- December 21: WHHS hosted a health education booth with Dr. Joyce Lu at Kitayama Elementary School Career Fair
- Month of December: WHEA collected coats and blankets throughout month of December for the Viola Blythe Community Services Coat and Blanket Drive.

Upcoming Health Promotions & Community Outreach Events:

- January 11: Cervical Health: Why is it Important? - Facebook Live & YouTube
- January 18: Naloxone: A Lifesaver in the Opioid Crisis - Facebook Live & YouTube
- January 22: Leg Pain and Wound Care - Pauline Weaver Senior Living Community
- January 31: Dysphagia and Reflux Disease - Acacia Creek Senior Living Community
- February 7: Breast Cancer Prevention, Early Detection and Treatment – Carlton Senior Living Community
- February 8: TAVR: Minimally Invasive Procedure for Heart Valve Replacement – Facebook Live & YouTube
- February 13: Aquablation: A Transformative BPH Treatment – Facebook Live & YouTube

Washington Hospital Healthcare Foundation is hosting a free charitable giving and estate planning seminar in partnership with estate planner Richard Schachtli at Hopkins Carley on Thursday, February 29 at 5pm in the Anderson Auditorium at Washington West.

ANNOUNCEMENTS

The 37th Annual Golf & Bocce Tournament in support of Washington Hospital's Operating Rooms will be held on Thursday, May 2 at the Club at Castlewood in Pleasanton.

Director Wallace adjourned the meeting to closed session at 7:52 p.m., as the discussion pertained to Conference involving Trade Secrets and pursuant to Health & Safety Code Section 32106 (Strategic Planning). Director Wallace stated that the public has a right to know what, if any, reportable action takes place during closed session. Since this meeting was being conducted in the Board Room and via Zoom, there is no way of knowing when the closed session will end. The public was informed they could contact the District Clerk for the Board's report beginning January 11, 2024. The minutes of this meeting will reflect any reportable actions.

ADJOURN TO CLOSED SESSION

Director Wallace reconvened the meeting to open session at 8:15 p.m. The District Clerk reported that there were no reportable actions taken in closed session.

RECONVENE TO OPEN SESSION &

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*REPORT ON CLOSED
SESSION*

There being no further business, Director Wallace adjourned the meeting at 8:16
p.m.

ADJOURNMENT

DocuSigned by:

Michael Wallace

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Michael Wallace
First Vice President

DocuSigned by:

B. Stewart

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Bernard Stewart, DDS
Secretary