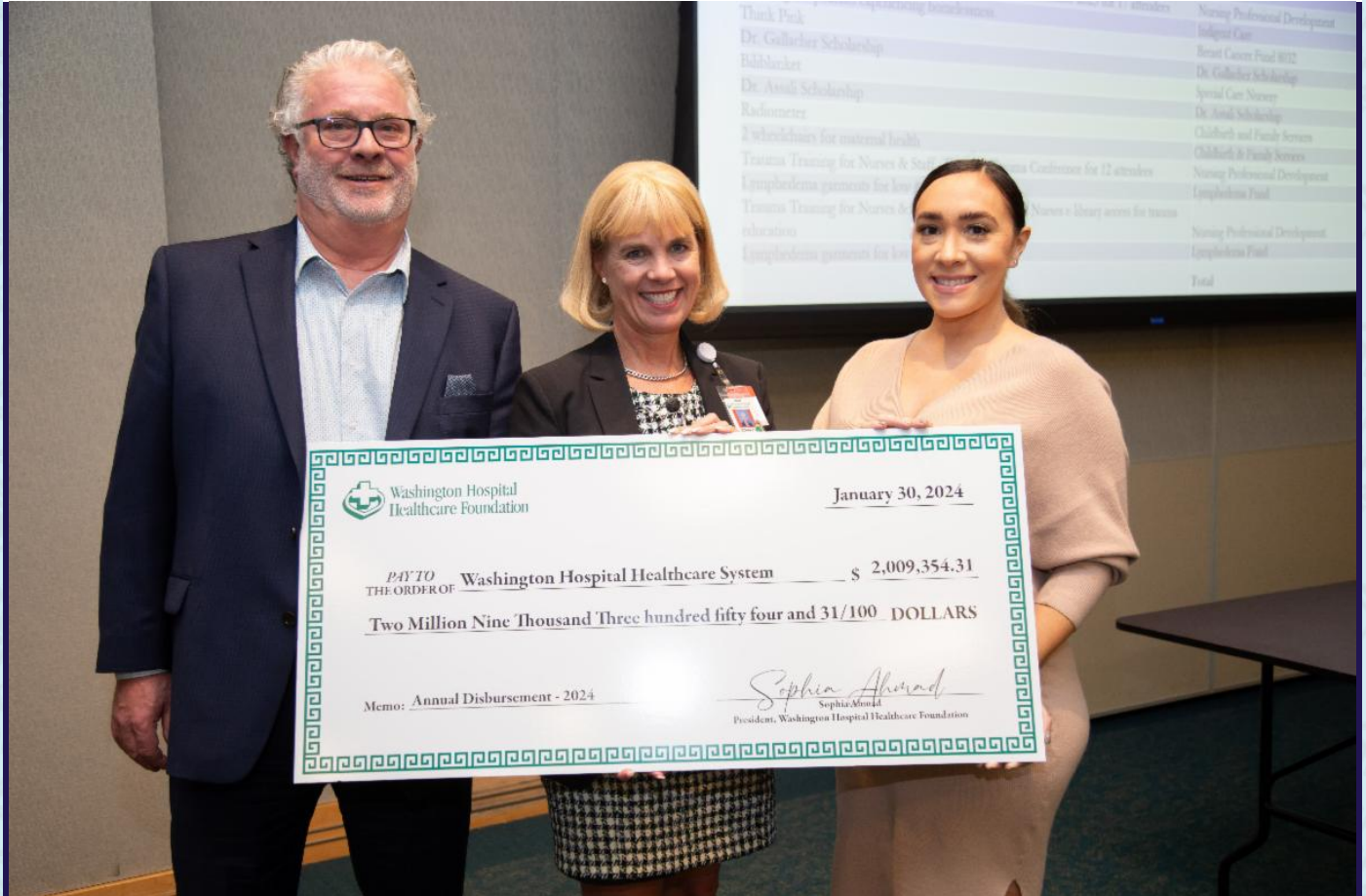


*Furthering the Mission of Washington Hospital Healthcare System Since 1983*



**Photo:** Kimberly Hartz, CEO of Washington Hospital, receiving the annual disbursement check from Foundation President, Sophia Ahmad (Right) and Foundation Treasurer, Craig A. Silcox (Left)

## From the Desk of the Executive Director



The Foundation is off to a strong start in 2024. We're planning for a year of exciting events and new ways to support Washington

Hospital.

The support from our generous community in 2023 has set us up for a successful year ahead. I'd like to take a moment to acknowledge all the ways our community has

Trustees also voted to disburse \$2,009,354.31 in funds raised to the Hospital to support with a number of programs & equipment needs related to the UCSF-Washington Cancer Center, palliative care, trauma, nursing education and maternal and child health.

Our **Legacy Society** for planned giving continues to grow! There are 9 families who have shared with us an intention to include the Hospital in their Will or estate plans. Some are Foundation Trustees, patients, past staff members or longtime supporters of the

come together over the past year to ensure Washington Hospital can continue to deliver the highest-quality, patient-first care to every resident of our community- just like it has since 1958!

In November for **Giving Tuesday**, you helped us raise over \$8,000 for trauma training for Washington Hospital's nurses and staff to help us be trauma ready. In December, our community came together at the **Holiday Tree Lighting** to celebrate the season with a visit from Santa and Mrs. Claus, students from the CA School of the Deaf, Fremont Christian School's Traditional Jazz Band and Fanfare Handbell Choir and many of you! Thank you for helping us spread the holiday cheer and build new friendships with local organizations and community members.

All of us at the Foundation are feeling confident about the exciting year ahead of us and ways in which we can help further the Hospital's mission. We continue to expand our Foundation family through new supporters and new trustees and members.

At the January **Annual Meeting of the Foundation**, we welcomed 3 new trustees and 8 new Foundation members. Each of them bring unique expertise and energy, and we look forward to many years of partnership and friendship in support of Washington Hospital.

Hospital, and each of their gifts, no matter the size, is a commitment to the future of Washington Hospital. If you are interested in learning more about planned giving, I invite you to consider joining us for our upcoming **free seminar on February 29th**.

We have an exciting year of events ahead of us, and we hope you'll join us! We will be hosting the **37th Annual Golf & Bocce Tournament** at the Club at Castlewood on **Thursday, May 2nd**. Plans for another memorable **Top Hat Gala** are underway, with the event taking place on **Saturday, October 12th**.

I encourage you to reach out if you'd like to volunteer or serve on an event committee. We would love your input and support. As always, we'd like to express our gratitude for all that you do for our community and for Washington Hospital. It is because of you that Washington has become such a pinnacle of patient care, both locally and nationally. Please reach out if you'd like to get involved, join the Foundation, or learn more about any of our programs. We'd be happy to have you!

With gratitude,

*Sarah G. Gemski*  
Executive Director  
Washington Hospital Healthcare Foundation

## Upcoming Foundation Events

- Thursday, February 29th, 5pm - Estate Planning Seminar, Anderson Auditorium
- Wednesday, March 20th, 10am- Legacy Society Coffee with Kimberly Hartz
- Thursday, May 2nd - 37th Annual Golf & Bocce Tournament

## Your Impact on Patient Care

Washington Hospital  
Healthcare Foundation

January 30, 2024

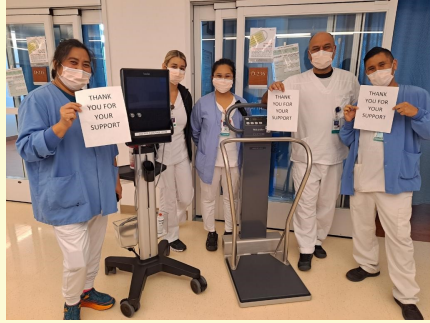
PAY TO THE ORDER OF Washington Hospital Healthcare System \$ 2,009,354.31

Two million nine thousand three hundred fifty four & 31/100 DOLLARS

Memo: Annual Disbursement - 2024

*Sophia Ahmad*  
Sophia Ahmad  
President, Washington Hospital Healthcare Foundation





In January, Trustees voted to disburse **\$2,009,354.31** to Washington Hospital to support a range of programs from oncology to palliative care and many more.

The Foundation disbursed over \$1.37M to the Hospital to support construction of the new UCSF-Washington Cancer Center on the Fremont Campus. Additionally, over \$209,000 was disbursed to help purchase life-saving equipment for the future trauma center, including a blood bank and infuser, and a mobile ultrasound.

In 2023, you supported Washington Hospital with over \$211,000 in funds for equipment and training to support, trauma readiness. Donations from the community helped purchase:

- A Fujifilm Sonosite Mobile Ultrasound to facilitate faster and more accurate patient care during emergencies
- A Helmer blood storage refrigerator to increase availability of blood for transfusions during trauma activations
- A Harloff Medical Storage Unit to provide trauma staff with rapid access to medical supplies
- Training for 12 Hospital staff at the 2023 East Bay Trauma Symposium, which provides collaborative, evidence-based training for safe and effective trauma care.
- Access to the Society of Trauma Nurses' electronic library of trauma lectures- a leading industry resource on trauma care



## Elevating Oncology Care

Opening in 2025, the new, 15,000 square foot UCSF – Washington Cancer Center will help meet the rising patient demand for academic-level oncology care in our community- providing holistic oncology care to patients throughout our community, without having to leave home and family.

The cancer center brings comprehensive oncology care delivered by UCSF specialty and subspecialty physicians to our local community. Recently, the cancer center has increased the number of clinical trials available to patients and has added UCSF oncology

We are energized by this opportunity for growth and are looking forward to our community's continued support of this important effort and the impact it will have on the future for generations to come. Thanks to our community's support at the 37th Annual Top Hat Gala and commitments from community members and many local businesses, such as Fremont Bank, the Foundation has been able to support with initial construction costs of the new center. Stay tuned for more information on the UCSF – Washington Cancer Center in an upcoming edition. If you would like to learn more, please contact the Foundation.

specialists to the team.

## Welcome New Foundation Trustees and Members

We extend a warm welcome to our new Executive Officers, Trustees and Members joining us in 2024. Congratulations on your new roles!

**Foundation President:** Sophia Ahmad  
**Vice President/President Elect:** Cathy Avon  
**Treasurer:** Craig A. Silcox  
**Secretary:** Eileen Riener  
**New Trustees:** Phina Chen, Doug Laidlaw & Keith Parker  
**New Members:** Emily Duncan, Kim Hegg, Sharon Gallacher, Debra Keller, Audrey Kearns, Nilo Nemati, Mike Mahmoudi and Jojo Ong

Click [here](#) for the complete list of Foundation Officers and Trustees



L-R: Eileen Riener, Craig A.Silcox, Cathy Avon and Sophia Ahmad

## Foundation Updates



### The Spirit of Holiday Giving

Many generous donations were made in December for patients staying in the Hospital. **Boehringer Ingelheim, Washington High School Basketball Team, Issac & Jacob** and **Toys for Tots** donated hundreds of new toys. **Madhatter Knit Foundation, Yvonne W. and her mom** donated handmade knit items for the pediatrics department. Students from **Little Apples** and **Glenmoor Elementary School** donated books. The **Washington**



### Charitable Giving - Estate Planning

Planned giving is a wonderful way to make an impactful contribution to a cause you care about while also leaving a lasting legacy. With a planned gift to the Foundation, you can help ensure that Washington Hospital can continue to meet the evolving healthcare needs of our community, now and long into the future. You can choose a speciality that means the most to you such as cancer care, maternal and child health, nursing education and more. There are many ways to make a planned gift that offer



**High School American Cancer Society Club** made holiday care packages.

Joane Manantan, Director, Maternal and Child Heath, said *“Both patients and families appreciated the thoughtful gesture of receiving toys, knit items and care packages over the holidays as it can be a hard time to be away from home”.*

Should you want to make a donation of toys, meals or other items, please email [\*\*foundation@whhs.com\*\*](mailto:foundation@whhs.com).

**Thank you to our community for their kindness and generosity to our patients.**

benefits to you and your family, including wills, trusts, life insurance, retirement assets or a onetime gift. Make a Planned Gift and become a member of the Legacy Society. The Society is composed of generous and forward-thinking individuals who have committed to the future of Washington Hospital and to the health and wellbeing of our community.

**We invite you to join us on Thursday February 29th at 5:00 pm** for a free seminar to learn more about estate planning from estate attorney, Richard Schachtli. There is no ask or obligation of a commitment for those who attend. Click [\*\*here\*\*](#) to register.



### **37th Annual Golf & Bocce Tournament**

**Save The Date** for the 37th Annual Golf Tournament - **Thursday, May 2nd** at the Club at Castlewood in Pleasanton. Funds raised will help fund equipment in the Hospital's operating rooms.

Email [\*\*foundation@whhs.com\*\*](mailto:foundation@whhs.com) or respond below and we'll reach out with more details.

Click below if you would like to be contacted about the Golf Tournament

**I'd like to participate!**

**I'd like to volunteer!**



### **Share your Gratitude**

Honor a Caregiver Program invites individuals to honor a physician, nurse or any staff member at Washington Hospital. Gifts received pay tribute to a staff member while also providing essential resources to the program or department of your choice. When a gift is made, the person whom you are honoring will be sent an acknowledgement letter sharing your gratitude, while keeping the gift amount confidential. Any gift, big or small, makes

***“Nursing staff, housekeeping and food service all provided excellent care and concern***

*for my needs while recovering"*

-Recent Washington Hospital patient

an impact and lets our staff know how much their care and honoring the patient first ethic is appreciated.

**[Read More](#)**



**Donate Now**

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510.818.7350  
Foundation@whhs.com



Washington Hospital Health Care Foundation | 2000 Mowry Avenue, Fremont, CA 94538

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