

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, November 9, 2022 via Zoom. Director Yee called the meeting to order at 6:03 pm and led those in attendance of the meeting in the Pledge of Allegiance.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

Roll call was taken: Directors present: Jeannie Yee; Bernard Stewart, DDS; Michael Wallace; Jacob Eapen, MD; William Nicholson, MD

ROLL CALL

Also present: Kimberly Hartz, Chief Executive Officer; Dee Antonio, District Clerk

Guests: Mary Bowron, Walter Choto, Angus Cochran, Debbie Feary, Kristin Ferguson, Chris Henry, Gisela Hernandez, Dr. Shakir Hyder, Kel Kanady, Paul Kozachenko, Larry LaBossiere, John Lee, Nick Legge, Tina Nunez, Donald Pipkin, Dr. Brian Smith, Dr. Matthew Tenold, Tammi Tyson, Felipe Villanueva, Marcus Watkins, John Zubiena, and Sri Boddu.

Director Yee welcomed any members of the general public to the meeting. She noted that in order to continue to protect the health and safety of the members of the Board, District staff, and members of the public from the dangers posed by the SARS-CoV-2 virus, the Brown Act allows a local agency to continue to hold its meetings remotely as opposed to being required to meet in-person. Section 54953(e)(3) of the Government Code requires that the Board make certain findings every 30 days to continue meeting remotely. One such finding is that “state or local officials continue to impose or recommend measures to promote social distancing.” The Alameda County Health Officer continues to recommend social distancing and the wearing of masks indoors, as referenced by the Alameda County Health Care Services Public Health Department COVID-19 website at www.covid-19.acgov.org.

OPENING REMARKS

Director Stewart moved that the Board of Directors make the finding required by Section 54953(e)(3)(B)(ii) of the Government Code that “state or local officials continue to impose or recommend measures to promote social distancing.” Director Nicholson seconded the motion.

Roll call was taken:

Jeannie Yee – aye
Bernard Stewart, DDS – aye
Michael Wallace – aye
Jacob Eapen, MD – aye
William Nicholson, MD – aye

The motion carried and the finding is affirmed.

Director Yee noted that Public Notice for this meeting, including connection information, was posted appropriately on our website. This meeting, conducted via Zoom, is being recorded for broadcast at a later date.

There were no Oral communications.

*COMMUNICATIONS:
ORAL*

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There were no Written communications.

*COMMUNICATIONS:
WRITTEN*

Director Yee presented the Consent Calendar for consideration:

CONSENT CALENDAR

- A. Minutes of the Regular Meetings of the District Board: October 12, 17, 24, and 26, 2022
- B. Resolution No. 1247: California Office of Emergency Services Designation of Agent
- C. Approval of SEIU as the Bargaining Representative for the Physical Therapy Aides
- D. Purchase and Installation of Four (4) Microbiology Cos Incubators
- E. IT Service Ticketing Software Upgrade
- F. WalterLorenz Surgical Assist Arm

Director Eapen moved that the Board of Directors approve the Consent Calendar, items A through F. Director Stewart seconded the motion.

Roll call was taken:

Jeannie Yee – aye
Bernard Stewart, DDS – aye
Michael Wallace – aye
Jacob Eapen, MD – aye
William Nicholson, MD – aye

The motion carried.

Kimberly Hartz, Chief Executive Officer, introduced Dr. Matthew Tenold, Hematologist-Oncologist for the UCSF-Washington Cancer Center. Dr. Tenold spoke on how fasting may help with cancer and other health conditions. He began with an explanation of the different methods of fasting and a comparison of fasting to starvation. He talked briefly on the Science behind fasting and discussed many of the factors that contribute to the increased risk of cancer.

*PRESENTATION:
INTERMITTENT
FASTING*

Dr. Tenold reviewed some of the general health benefits of calorie restriction and fasting which includes weight loss for overweight people, lower A1c levels for diabetics, improvement of blood pressure and resting heart rates, improved wound healing, and improved memory and thinking. He talked about the effect of fasting on some tumor types. He discussed some of the benefits of intermittent fasting and just what intermittent fasting looks like.

Kimberly Hartz spoke on the celebration of Veterans Day and the commemorative Veterans Recognition Wall located at Washington West. The following names were added to the Veterans Recognition Wall for 2022: Manual Avila, Ryan Croft, Eris Michelle Del Rosario, Frank Romano, Pete Vandal, and Golden Watson. Ms. Hartz spoke on Washington Hospital's leave policy that allows members of the Armed Forces or National Guard to be granted military leave from work for the period

*PRESENTATION:
VETERANS DAY
RECOGNITION*

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required when called to active duty for training, inactive duty training, or active duty.

Dr. Shakir Hyder, Chief of Staff, reported there are 583 Medical Staff members including 339 active members. The census is still high and physicians are continuing to discharge patients in a timely manner.

*MEDICAL STAFF
REPORT*

Debbie Feary, Service League President, reported that 141 Service League volunteers contributed 1,723 hours to the hospital in the month of October. The October orientation attracted 7 adults and 2 high school volunteers. Two events are coming up in November: the annual Holiday Gift Show on November 14th and the \$5 Masquerade Jewelry Show on November 28th, 29th, and 30th. Long-time volunteer, Charlie Razzari, passed away in October; a significant number of memorial donations have been sent to the Service League who will offer a scholarship in his name in 2023.

*SERVICE LEAGUE
REPORT*

Mary Bowron, Chief of Quality and Resource Management presented the Quality Dashboard for the quarter ending September 30, 2022 comparing WHHS statistics to State and National benchmarks. We had zero MRSA Bloodstream Infections this past quarter. We had one Catheter Associated Urinary Tract Infection, which was below the predicted number of infections (1.355). We had zero Central Line Associated Bloodstream Infection (CLABSI), which was lower than predicted. We had zero infections following colon surgery and zero infections following abdominal hysterectomy. C-Difficile: We had zero hospital-wide C. diff infections. Hand Hygiene was at 80%.

*QUALITY REPORT:
QUALITY DASHBOARD
FOR QUARTER
ENDING SEPTEMBER
30, 2022*

Our moderate fall with injury rate of 0.25 was lower than the national rate of 0.64 for the quarter. Hospital Acquired Pressure Ulcer rate of 0% was lower than the national rate this past quarter.

Our 30-day readmission rate for AMI discharges was lower than the CMS benchmark (11.1% versus 15.0%). We had a lower percent of 30-day Medicare pneumonia readmissions compared to the CMS national benchmark (12.0% versus 14.8%). 30-day Medicare Heart Failure readmissions were higher 22.4% versus 21.3% than the CMS benchmark. Our 30-day Medicare Chronic Obstructive Pulmonary Disease (COPD) readmission rate was higher than the CMS benchmark (33.3% versus 19.8%). Our 30-day Medicare CABG readmission rate was higher (50% versus 11.9%) than the CMS benchmark. Our 30-day Medicare Total Hip Arthroplasty (THA) and/or Total Knee Arthroplasty (TKA) was higher than the CMS benchmark (8.3% versus 4.1%).

Chris Henry, Vice President & Chief Financial Officer, presented the Finance Report for September 2022. The average daily inpatient census was 159.1 with admissions of 850 resulting in 4,774 patient days. Outpatient observation equivalent days were 242. The average length of stay was 5.45 days. The case mix index was 1.594. Deliveries were 114. Surgical cases were 370. The Outpatient visits were

FINANCE REPORT

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8,709. Emergency visits were 4,737. Cath Lab cases were 144. Joint Replacement cases were 161. Neurosurgical cases were 27. Cardiac Surgical cases were 10. Total FTEs were 1,609.4. FTEs per adjusted occupied bed were 6.04.

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for October 2022. Preliminary information for the month indicated total gross revenue at approximately \$191,712,000 against a budget of \$193,134,000. We had 35 COVID-19 discharges which represented 4% of total discharges.

*HOSPITAL
OPERATIONS REPORT*

The Average Length of Stay was 5.20. The Average Daily Inpatient Census was 150.1. There were 8 discharges with lengths of stay greater than 30 days, ranging from 31 to 12. Still in house at the end of October were four patients with length of stays of over 30 days and counting (highest at 89).

There were 4,654 patient days. There were 371 Surgical Cases and 177 Cath Lab cases at the Hospital. It was noted that we received our Medicare certification number in September and started billing Medicare on October 3rd.

Deliveries were 122. Non-Emergency Outpatient visits were 9,140. Emergency Room visits were 4,970 with an increase in visits due to respiratory viruses, including RSV. Total Government Sponsored Preliminary Payor Mix was 71.7%, against the budget of 71.4%. Total FTEs per Adjusted Occupied Bed were 6.40. The Washington Outpatient Surgery Center had 526 cases and the clinics had approximately 16,323 visits.

There were \$457K in charity care adjustments in September. The Homeless Patient Activity for the quarter ending September 2022 indicated 305 patients (462 patient encounters) for a cost of \$4,486.

November Employee of the Month: Vincent De La Cruz, Desktop Support Engineer

*EMPLOYEE OF THE
MONTH*

Past Health Promotions & Community Outreach Events:

HOSPITAL CALENDAR

- October 13th: 14th Annual Think Pink! Breast Health Awareness Event
- October 15th: "A Wave of Light" Memorial
- October 16th: Blue Dot Walk
- October 18th: Medicare – What You Need to Know
- October 23rd: Breast Cancer Prevention, Early Detection, and Treatment Talk
- October 25th: Sports Physicals in Fremont and Newark School Districts
- October 27th: Common Foot and Ankle Problems
- November 2nd: Stroke Awareness – Risk Factors and Prevention
- November 3rd: Special Olympics Elementary Soccer (First Aid Station and Medical Coverage)

Vaccination Clinic

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- As of November 3rd, a total of 95,589 COVID vaccine doses have been administered to community members at our vaccination clinic.
- As of November 3rd, 37 people have received MPX vaccination

Upcoming Health Promotions & Community Outreach Events:


- November 9th: Breathe Easy – Managing Asthma
- November 15th: Fall Presentation and Recovery
- November 18th: Self-Care and Self-Compassion – Keys to Well-being
- November 18th: Special Olympics Junior High and High School Soccer – First Aid and Medical Coverage
- November 21st: Breast Cancer Prevention, Early Detection, and Treatment
- November 22nd: Heart Attack Prevention
- December 1st: Happy Heart – Treatment options for Aortic Stenosis
- December 8th: Diabetes – Understanding and Controlling Complications


Washington Hospital Healthcare Foundation Report

- The 36th Annual Top Hat Gala raised \$253,000 for Washington Hospital's trauma center.
- A Community tree lighting event is being planned for December 7th. More information will follow.

There being no further business, Director Yee adjourned the meeting at 7.39 p.m.

ADJOURNMENT

DocuSigned by:

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Jeannie Yee
President

DocuSigned by:

98231C70CEF24F3...
William Nicholson, M.D.
Secretary

STATE OF CALIFORNIA
GOVERNOR'S OFFICE OF EMERGENCY SERVICES
Cal OES 130

Cal OES ID No: 001-91056

DESIGNATION OF APPLICANT'S AGENT RESOLUTION *No. 1247*
FOR NON-STATE AGENCIES

BE IT RESOLVED BY THE Board of Directors OF THE Washington Township Health Care District
(Governing Body) (Name of Applicant)

THAT Kimberly Hartz, CEO OR
(Title of Authorized Agent)

Christopher Henry, VP/CFO OR
(Title of Authorized Agent)

Eleanor Wong, Reimb Manager
(Title of Authorized Agent)

is hereby authorized to execute for and on behalf of the Washington Township Health Care District, a public entity
(Name of Applicant)
established under the laws of the State of California, this application and to file it with the California Governor's Office of Emergency Services for the purpose of obtaining certain federal financial assistance under Public Law 93-288 as amended by the Robert T. Stafford Disaster Relief and Emergency Assistance Act of 1988, and/or state financial assistance under the California Disaster Assistance Act.

THAT the Washington Township Health Care District, a public entity established under the laws of the State of California,
(Name of Applicant)
hereby authorizes its agent(s) to provide to the Governor's Office of Emergency Services for all matters pertaining to such state disaster assistance the assurances and agreements required.

Please check the appropriate box below:

- This is a universal resolution and is effective for all open and future disasters up to three (3) years following the date of approval below.
- This is a disaster specific resolution and is effective for only disaster number(s) _____

Passed and approved this 9th day of November, 2022

Jeannie Yee, President
(Name and Title of Governing Body Representative)

Bernard Steward DDS, First Vice President
(Name and Title of Governing Body Representative)

Michael J. Wallace, Second Vice President
(Name and Title of Governing Body Representative)

CERTIFICATION

I, William F. Nicholson, MD, duly appointed and Secretary of
(Name) (Title)

Washington Township Health Care District, do hereby certify that the above is a true and correct copy of a
(Name of Applicant)

Resolution passed and approved by the Board of Directors of the Washington Township Health Care District
(Governing Body) (Name of Applicant)

on the 9th day of November, 2022

DocuSigned by:
William Nicholson
98234C76CEEF24F3...
(Signature)

Secretary
(Title)