

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, November 8, 2023 in the Board Room at 2000 Mowry Avenue, Fremont and Zoom access was provided. Director Stewart called the meeting to order at 6:00 p.m. and led those in attendance of the meeting in the Pledge of Allegiance.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

Roll call was taken: Directors present: Bernard Stewart, DDS; Michael Wallace; William Nicholson, MD; Jeannie Yee

ROLL CALL

Absent: Jacob Eapen, MD

Also present: Kimberly Hartz; Tina Nunez; Thomas McDonagh; Terri Hunter; Paul Kozachenko; Ed Fayen; Angus Cochran; Kayla Gupta; Sheela Vijay; Brian Smith, MD; Jerri Randrup; John Zubiena; Mark Saleh, MD; Melissa Garcia; John Lee; Donald Pipkin; Kristin Ferguson; Felipe Villanueva; Mary Bowron; Kel Kanady; Gisela Hernandez; Jason Krupp, MD; Dan Nardoni; Noah Bell; Cheryl Renaud; Shirley Ehrlich

Director Stewart welcomed any members of the general public to the meeting.

OPENING REMARKS

Director Stewart noted that Public Notice for this meeting, including Zoom information, was posted appropriately on our website. This meeting was recorded for broadcast at a later date.

There were no Oral Communications.

*COMMUNICATIONS:
ORAL*

There were no Written Communications.

*COMMUNICATIONS:
WRITTEN*

Director Stewart presented the Consent Calendar for consideration:

CONSENT CALENDAR

A. Consideration of Minutes of the Regular Meetings of the District Board:
October 11, 16, 23 & 25, 2023

Director Wallace moved that the Board of Directors approve the Consent Calendar, Item A. Director Nicholson seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye
William Nicholson, MD – aye
Michael Wallace – aye
Jeannie Yee – aye
Jacob Eapen, MD – absent

Motion Approved.

Board of Directors' Meeting

November 8, 2023

Page 2

Kimberly Hartz, Chief Executive Officer, introduced Angus Cochran, Chief Community Support Services, and Kayla Gupta, Community Outreach Manager, who presented the 2024-2026 Community Health Improvement Plan (CHIP). The CHIP was developed after conducting the federally mandated Community Health Needs Assessment (CHNA). The CHNA provides insight into the health of our community and identifies the areas of focus and prioritizes the local health needs. Ms. Gupta also spoke about the impact of Covid-19 in the community and how the response to the pandemic dominated the community outreach efforts in 2020-2022. Five of the identified focus areas are as follows: Behavioral Health, Diabetes & Obesity, Heart Disease/Stroke, Access to Healthcare & Delivery and Cancer.

*PRESENTATION:
COMMUNITY HEALTH
IMPROVEMENT PLAN*

The assessment also indicates the need for addressing the disparities within Union City. Additional areas of focus include: Hypertension, Acute Myocardial Infarction, Childhood Obesity, School-Age Depression and Middle-School Alcohol/Drug Use. One example includes a Stroke and Heart Disease Education Session conducted for families in the New Haven Unified School District, as it was discovered that students are the best way to disseminate information into a household. There are areas for partnership in the 2024-2026 CHIP for Housing & Homelessness, Economic Security and Respiratory Health.

Director Wallace moved for the adoption of the 2024-2026 Community Health Improvement Plan (CHIP). Director Yee seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye
William Nicholson, MD – aye
Michael Wallace – aye
Jeannie Yee – aye
Jacob Eapen, MD – absent

Motion Approved.

Kimberly Hartz, Chief Executive Officer, introduced Ed Fayen, Executive Vice President, who presented the Construction Update on the Patient Bridge. Photographs include the installation of the Air Handler Unit and framing onto which the drywall will be placed. The piping for the roof drains and the waterproofing skins were also installed. Additional photographs gave a peek into the interior corridors, which are ready for insulation and drywall. In conclusion, the application of Fire Retardant Paint is evident. Mr. Fayen stated that the completion date is approaching and is on time and on budget.

*PRESENTATION:
CONSTRUCTION
UPDATE*

Board of Directors' Meeting

November 8, 2023

Page 3

Kimberly Hartz, Chief Executive Officer, spoke on the celebration of Veterans Day and the commemorative Veterans Recognition Wall located at Washington West. Currently there are 110 names on the wall including four new names added this year: J-ro Jeffery Nelson Barnett, Elwood Conaway, Napoleon "Sonny" Ebarle III and Fredelene Usita. Ms. Hartz noted that Washington Hospital's leave policy allows members of the Armed Forces or National Guard to be granted military leave from work for the period required when called to active duty for training, inactive duty training, or active duty.

*PRESENTATION:
VETERANS DAY
RECOGNITION*

Dr. Mark Saleh, Chief of Staff, reported that there are now 609 Medical Staff members, including 341 active members. Dr. Saleh also reported that he has been successfully performing Aquablation procedures. Dr. Saleh also announced that Dr. Albert Brooks was recently installed as the 2024 President of the Alameda-Contra Costa Medical Association (ACCMA).

*MEDICAL STAFF
REPORT*

Sheela Vijay, the Service League President, reported for October that there were 514 members of the Service League who contributed 2,121 hours to the Hospital. The Masquerade sale is going to take place on Monday through Wednesday, November 27-29, 2023. The Gift Shop will be closed on Saturday November 11, 2023, as they prepare for the upcoming holiday shopping season. There will be cookies and coffee provided by Washington Hospital Employee Association (WHEA) and Food and Nutrition Services (FNS) on Monday, November 13 in the main hospital lobby.

*SERVICE LEAGUE
REPORT*

This month, Sheela highlighted the Pinkie Hand Puppet Program. This program was implemented in 1956, before the opening of the hospital. By the time the hospital had opened, the volunteers had already assembled hundreds of puppets. Sheela shared some archived photographs detailing the remarkable legacy of this program.

Mary Bowron, Chief of Quality and Resource Management, presented the Quality Dashboard for the quarter ending September 30, 2023 comparing WHHS statistics to State and National benchmarks. We had one MRSA Bloodstream Infection this past quarter which was lower than the predicted number of infections (1.178). We had zero Catheter Associated Urinary Tract Infections. We had zero Central Line Associated Bloodstream Infection (CLABSI), which was lower than predicted. We had zero infections following colon surgery and zero infections following abdominal hysterectomy. C-Difficile: We had two hospital-wide C. diff infections which was lower than the predicted number of infections (9.521). Hand Hygiene was at 92% which is higher than the Joint Commission goal of 90%.

*QUALITY REPORT: Q/E
SEPTEMBER 2023
QUALITY DASHBOARD*

Our moderate fall with injury rate of 0.38 was lower than the national rate of 0.61 for the quarter. Hospital Acquired Pressure Ulcer rate of 0.95 was lower than the national rate of 1.52 this past quarter.

Our 30-day readmission rate for AMI discharges was higher than the CMS benchmark (20.0% versus 14.0%). We had a lower percent of 30-day Medicare

Board of Directors' Meeting

November 8, 2023

Page 4

pneumonia readmissions compared to the CMS national benchmark (14.0% versus 16.9%). 30-day Medicare Heart Failure readmissions were lower (13.8% versus 20.2%) than the CMS benchmark. Our 30-day Medicare Chronic Obstructive Pulmonary Disease (COPD) readmission rate was lower than the CMS benchmark (16.7% versus 19.3%). Our 30-day Medicare CABG readmission rate was higher (25% versus 11%) than the CMS benchmark. Our 30-day Medicare Total Hip Arthroplasty (THA) and/or Total Knee Arthroplasty (TKA) was lower than the CMS benchmark (0% versus 4.3%).

Tom McDonagh, Vice President & Chief Financial Officer, presented the Finance Report for September 2023. The average daily inpatient census was 145.5 with discharges of 817 resulting in 4,364 patient days. Outpatient observation equivalent days were 417. The average length of stay was 5.09 days. The case mix index was 1.590. Deliveries were 142. Surgical cases were 438. The Outpatient visits were 8,173. Emergency visits were 4,842. Cath Lab cases were 165. Joint Replacement cases were 164. Neurosurgical cases were 19. Cardiac Surgical cases were 8. Total FTEs were 1,644.6. FTEs per adjusted occupied bed were 6.24.

FINANCE REPORT

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for October 2023. Patient gross revenue of 192.8 million for October was unfavorable to budget by \$18.6 million (8.8%), and it was higher than October 2022 by \$1.0 million (0.5%).

*HOSPITAL
OPERATIONS REPORT*

The Average Length of Stay was 5.22. The Average Daily Inpatient Census was 145.8. There were 8 discharges with lengths of stays greater than 30 days, ranging from 32-52. Still in house at the end of the month, there were 5 patients with length of stays of over 30 days and counting.

There were 4,521 patient days. There were 480 Surgical Cases and 173 Cath Lab cases at the Hospital. It was noted that there were 85 cases at the Peninsula Surgery Center in October.

Deliveries were 121. Non-Emergency Outpatient visits were 9,062. Emergency Room visits were 5,065. Total Government Sponsored Preliminary Payor Mix was 74.8%, against the budget of 72.2%. Total FTEs per Adjusted Occupied Bed were 6.03. The Washington Outpatient Surgery Center had 511 cases and the clinics had approximately 16,732 visits.

There were \$312K in charity care adjustments in October 2023.

November Employee of the Month will be announced in December 2023.

*EMPLOYEE OF THE
MONTH*

Past Health Promotions & Community Outreach Events:

HOSPITAL CALENDAR

- October 14: 37th Annual Top Hat Gala in the Grand Tent at Washington West

Board of Directors' Meeting

November 8, 2023

Page 5

- October 14: City of Newark Dia De Los Muertos
- October 19: Anatomy-preserving Spine Surgery on Facebook Live & YouTube
- October 19: 15th Annual Think Pink! Breast Cancer Awareness Event
- October 20: City of Fremont Trick or Treat Event at Downtown Event Center
- October 21: Tattoo Removal Clinic at Washington West
- October 23: How Diet Affects Diabetes and Blood Pressure at Cottonwood Place
- October 24: Opening Doors to Empower Victims of Interpersonal Violence
- October 25: WHHS Staff providing health education at Fremont Age Well Center Wellness Fair
- October 26: Breast Cancer Prevention, Early Detection, and Treatment at ThermoFisher in Fremont
- October 26: James Logan Job Expo at James Logan High School
- October 30: Irvington High School Synapsis Club & Tour of Oncology Dept.
- November 1: Safe Same-Day Discharge after Total Hip Replacement: Straight from the Experts at Anderson Auditorium and on Facebook Live & YouTube
- November 5: Arunay Foundation Walkathon at Quarry Lakes Regional Park

Upcoming Health Promotions & Community Outreach Events:

- November 9: Is a Continuous Glucose Monitor Right for You? – Facebook Live & YouTube
- November 17: WTMF providing health education on handwashing – Glenmoor Elementary
- November 28: Living with Serious Illness: Understanding Palliative Care – Facebook Live & YouTube
- November 30: Understanding Leg Pain – Acacia Creek Senior Living Community
- November 30: Virtual Panel on Pursuing Medical Careers – PTSA Irvington High School
- December 2: Tattoo Removal Clinic – Washington West
- December 5: Pregnancy After Age 35 – Facebook Live & YouTube
- December 6: Tree Lighting Celebration – Anderson Auditorium

The Foundation's 37th Annual Top Hat Gala was a big success, raising over \$1.15M in gross fundraising totals from the community. Over 624 guests joined us at the gala on October 14th and enjoyed a delicious 3-course meal and lively entertainment. Save the date for the 38th Annual Top Hat Gala, set for October 12, 2024.

Later this month, on November 28, the Foundation will participate in Giving Tuesday. Donations received that day will fund specialized trauma-readiness training for nurses and clinical staff.

Board of Directors' Meeting

November 8, 2023

Page 6

On Wednesday, December 6 from 5 pm – 7 pm, the Foundation will host a holiday tree lighting celebration with Santa and Mrs. Claus in the Anderson Auditoriums. The event will include a special performance from the students at Fremont Christian, and the California School for the Deaf. All are welcome to attend this free event for an evening of holiday cheer.

Director Wallace motioned for the adoption of the Budget Amendment for FY 24. Director Nicholson seconded the motion.

*ACTION ITEMS:
ADOPTION OF
BUDGET AMENDMENT
FOR FY 24*

Roll Call was taken:

- Bernard Stewart, DDS – aye
- William Nicholson, MD – aye
- Michael Wallace – aye
- Jeannie Yee – aye
- Jacob Eapen, MD – absent

Motion Approved.

Director Wallace motioned for the adoption of Resolution No. 1258: Memorandum of Understanding between Washington Hospital and United Healthcare Workers-West, SEIU, CTW, CLC. Director Yee seconded the motion.

*ACTION ITEM:
ADOPTION OF
RESOLUTION NO. 1258:
MEMORANDUM OF
UNDERSTANDING
BETWEEN
WASHINGTON
HOSPITAL AND
UNITED HEALTHCARE
WORKERS-WEST SEIU,
CTW, CLC*

Roll Call was taken:

- Bernard Stewart, DDS – aye
- William Nicholson, MD – aye
- Michael Wallace – aye
- Jeannie Yee – aye
- Jacob Eapen, MD – absent


Motion Approved.


There were no announcements.

ANNOUNCEMENTS

There being no further business, Director Stewart adjourned the meeting at 7:37 p.m.

ADJOURNMENT

DocuSigned by:

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 Jacob Eapen, MD
 President

DocuSigned by:

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 Bernard Stewart, DDS
 Secretary