

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, January 11, 2023 via Zoom. Director Stewart called the meeting to order at 6:00 pm and led those in attendance of the meeting in the Pledge of Allegiance.

*CALL TO ORDER*

*PLEDGE OF ALLEGIANCE*

Roll call was taken: Directors present: Bernard Stewart, DDS; Michael Wallace; William Nicholson, MD; Jeannie Yee

*ROLL CALL*

Excused: Jacob Eapen, MD

Also present: Kimberly Hartz, Chief Executive Officer; Dee Antonio, District Clerk

Guests: Mary Bowron, Angus Cochran, Shirley Ehrlich, Debbie Feary, Kristin Ferguson, Chris Henry, Gisela Hernandez, Dr. Shakir Hyder, Kel Kanady, Paul Kozachenko, Larry LaBossiere, John Lee, Nick Legge, Dr. Dianne Martin, Dr. Nowwar Mustafa, Dan Nardoni, Dr. Brian Smith, Marcus Watkins, and Sri Boddu.

Director Stewart welcomed any members of the general public to the meeting. He noted that in order to continue to protect the health and safety of the members of the Board, District staff, and members of the public from the dangers posed by the SARS-CoV-2 virus, the Brown Act allows a local agency to continue to hold its meetings remotely as opposed to being required to meet in-person. Section 54953(e)(3) of the Government Code requires that the Board make certain findings every 30 days to continue meeting remotely. One such finding is that “state or local officials continue to impose or recommend measures to promote social distancing.” The Alameda County Health Officer continues to recommend social distancing and the wearing of masks indoors, as referenced by the Alameda County Health Care Services Public Health Department COVID-19 website at [www.covid-19.acgov.org](http://www.covid-19.acgov.org).

*OPENING REMARKS*

Director Yee moved that the Board of Directors make the finding required by Section 54953(e)(3)(B)(ii) of the Government Code that “state or local officials continue to impose or recommend measures to promote social distancing.” Director Nicholson seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye  
Michael Wallace – aye  
William Nicholson, MD – aye  
Jacob Eapen, MD – absent  
Jeannie Yee – aye

The motion carried and the finding is affirmed.

Director Stewart noted that Public Notice for this meeting, including connection information, was posted appropriately on our website. This meeting, conducted via Zoom, is being recorded for broadcast at a later date.

There were no Oral communications.

*COMMUNICATIONS:  
ORAL*

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There were no Written communications.

*COMMUNICATIONS:  
WRITTEN*

Director Stewart presented the Consent Calendar for consideration:

*CONSENT CALENDAR*

- A. Minutes of the Regular Meetings of the District Board: December 14, 19, and 20, 2022
- B. Medical Device Security Solution
- C. Braun Precision Series Small Piece Folder

Director Yee moved that the Board of Directors approve the Consent Calendar, items A through C. Director Wallace seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye  
Michael Wallace – aye  
William Nicholson, MD – aye  
Jacob Eapen, MD – absent  
Jeannie Yee – aye

The motion unanimously carried.

Kimberly Hartz, Chief Executive Officer, introduced Dr. Nowwar Mustafa, Interventional Cardiologist, who gave a presentation on Coronary Artery Disease. He began with an explanation of the circulatory system and an explanation of Atherosclerosis in which arteries become blocked. He talked about Coronary Artery Disease and its symptoms and warning signs. He went over various methods to prevent this disease, including heart-healthy nutrition and active living.

*PRESENTATION:  
CORONARY ARTERY  
DISEASE*

Dr. Mustafa described the different tests used to diagnosis CAD and talked about the various ways to treat the disease. He described Percutaneous Coronary Intervention (PCI) and Coronary Artery Bypass Graft (CABG)

Dr. Shakir Hyder, Chief of Staff, reported there are 598 Medical Staff members including 336 active members. He thanked Administration for the upcoming Medical Staff lunch on January 24<sup>th</sup> to celebrate Chinese New Year. He noted that caregivers in the hospital are wearing N95 masks when performing direct patient care.

*MEDICAL STAFF  
REPORT*

Debbie Feary, Service League President, reported that 166 Service League volunteers contributed 1,929 hours to the hospital in the month of December. The two December orientations were attended by 4 adults, 14 college students, and 70 high school students. Also in December, the Service League hosted over 30 volunteers for a social event where everyone decorated cookies.

*SERVICE LEAGUE  
REPORT*

Kimberly Hartz introduced Dr. Dianne Martin who presented the annual Quality report for the Infection Prevention Program. She reviewed the background, focus and oversight responsibilities of the Infection Prevention Committee and covered the

*QUALITY REPORT:  
2023 INFECTION  
PREVENTION  
PROGRAM PLAN*

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key program components. She noted that Washington Hospital reports data through the National Healthcare Safety Network (NHSN), Centers for Disease Control (CDC), Centers for Medicare and Medicaid Services (CMS), the California Department of Public Health (CDPH) and the Alameda County Public Health Department.

Dr. Martin reviewed the Infection Prevention Regulatory Updates for 2023 from the Joint Commission Hospital National Patient Safety Goals as well as those from the Centers of Disease Control and National Healthcare Safety Network. She reviewed the key strategies for improvement planned for 2023 and talked about the involvement of Infection Prevention in all construction projects to prevent transmission of infectious agents to vulnerable patient populations, health care workers, and hospital visitors by proactively managing risk. She also reviewed the Tuberculosis Surveillance policy for Washington Hospital and the Antimicrobial Stewardship Program.

Dr. Martin talked about the 2023 Triple Endemic Planning (COVID, Influenza, and RSV) and the COVID prevention and control measures. She talked about C-Diff and what patients can do for prevention at home. She reviewed the future direction of the program going forward.

Chris Henry, Vice President & Chief Financial Officer, presented the Finance Report for November 2022. The average daily inpatient census was 163.7 with admissions of 969 resulting in 4,910 patient days. Outpatient observation equivalent days were 241. The average length of stay was 5.02 days. The case mix index was 1.466. Deliveries were 145. Surgical cases were 385. The Outpatient visits were 8,560. Emergency visits were 5,126. Cath Lab cases were 181. Joint Replacement cases were 175. Neurosurgical cases were 27. Cardiac Surgical cases were 10. Total FTEs were 1,609.2. FTEs per adjusted occupied bed were 5.96.

*FINANCE REPORT*

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for December 2022. Preliminary information for the month indicated total gross revenue at approximately \$207,012,000 against a budget of \$193,485,000. We had 116 COVID-19 discharges which represented 12% of total discharges. There were 53 flu and 26 RSV discharges representing 8.1% of total discharges.

*HOSPITAL  
OPERATIONS REPORT*

The Average Length of Stay was 5.36. The Average Daily Inpatient Census was 178.3. There were 11 discharges with lengths of stay greater than 30 days, ranging from 31 to 66. Still in house at the end of December were eight patients with length of stays of over 30 days and counting (highest at 50).

There were 5,528 patient days. There were 362 Surgical Cases and 147 Cath Lab cases at the Hospital. There were six TAVR cases in December which is a record high number since the PAVR program was implemented in January 2021. It was noted that there were 18 cases at the Peninsula Surgery Center in December; contracts with Blue Cross and Blue Shield should be finalized in February.

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Deliveries were 124. Non-Emergency Outpatient visits were 8,199. Emergency Room visits were 5,517, the highest visit count in the last five years. Total Government Sponsored Preliminary Payor Mix was 73.8%, against the budget of 71.5%. Total FTEs per Adjusted Occupied Bed were 5.80. The Washington Outpatient Surgery Center had 485 cases and the clinics had approximately 16,983 visits.

There were \$386K in charity care adjustments in December. There were 534 homeless patients resulting in 934 patient encounters with WHHS during the period of July through December 2022.

December Employee of the Month: Michelle Thomas, Financial Assistant Coordinator

*EMPLOYEE OF THE MONTH*

Past Health Promotions & Community Outreach Events:

*HOSPITAL CALENDAR*

- January 10<sup>th</sup>: Stroke Awareness

Upcoming Health Promotions & Community Outreach Events:

- January 12: Self-Care and Self-Compassion – Keys to Well-being
- January 19: Shoulder Pain – Causes and Treatment Plans
- January 19: Breast Cancer Prevention, Early Detection, and Treatment
- January 23: Medicare – What You Need to Know
- January 25: Hip Replacements – The Anterior Approach
- January 28: Lunar New Year Celebration hosted by City of Fremont
- February 2: Grief, Loss & Personal Care
- February 7: Managing Diabetes

Vaccination Clinic – as of January 6<sup>th</sup>:

- A total of 98,173 COVID vaccine doses have been administered to community members at our vaccination clinic.
- A total of 39 people have received MPX vaccination

Washington Hospital Healthcare Foundation Report

- February 7: Free Charitable-giving and Estate Planning Seminar
- May 4: 36<sup>th</sup> Annual Golf Tournament at the Club at Castlewood in Pleasanton..

In accordance with Health & Safety Code Sections 32106 and California Government Code 54956.9(d)(2), Director Stewart adjourned the meeting to closed session at 8:01 p.m., as the discussion pertained to a Conference involving Trade Secrets pursuant to Health & Safety Code 32106 and Conference with Legal Counsel regarding Anticipated Litigation pursuant to Government Code section 54956.9(d)(2). Director Stewart stated that the public has a right to know what, if any, reportable action takes place during closed session. Since this meeting is being conducted via Zoom and we have no way of knowing when the closed session will end, the public was informed they could contact the District Clerk for the Board's

*ADJOURN TO CLOSED SESSION*

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report beginning January 12, 2023. He indicated that the minutes of this meeting will reflect any reportable actions.

Director Stewart reconvened the meeting to open session at 8:25 pm. There was no reportable action taken in Closed Session.

*RECONVENE TO OPEN  
SESSION & REPORT ON  
CLOSED SESSION*

There being no further business, Director Stewart adjourned the meeting at 8:25 p.m.

*ADJOURNMENT*

DocuSigned by:

*Bernard Stewart*

Bernard Stewart

President

DocuSigned by:

*Jeannie Yee*

Jeannie Yee

Secretary