

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, August 9, 2017 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Nicholson called the meeting to order at 6:03 pm and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken: Directors present: William Nicholson, MD; Bernard Stewart, DDS; Patricia Danielson, RHIT; Jacob Eapen, MD. Directors absent: Michael Wallace.

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer; Timothy Tsoi, Chief of Medical Staff; Debbie Jackson, Service League 1st President; Dee Antonio, District Clerk

Guests: Ed Fayen, Kimberly Hartz, Chris Henry, Bryant Welch, Stephanie Williams, Tina Nunez, Kristin Ferguson, Mary Bowron, Albert Brooks MD, Dan Nardoni, Larry Bowen

Nancy Farber, Chief Executive Officer, introduced Jacquelyn Chyu MD, Medical Director of the Washington Prenatal Diagnostic Center to present the education session. Dr. Chyu is a perinatologist and Professor of Medicine at UCSF in the Department of Obstetrics, Gynecology and Reproductive Science and is board certified in Obstetrics and Gynecology with a subspecialty in Maternal-Fetal Medicine.

*EDUCATION SESSION:
Washington Prenatal
Diagnostic Center*

Dr. Chyu reviewed the mission of the Washington Prenatal Diagnostic Clinic” To provide prenatal diagnosis, counseling, and treatment in order to achieve the best possible outcome for the baby and her mother. The PDC’s services are available to parents-to-be with uncomplicated low-risk pregnancies as well as couples at high-risk for fetal or maternal complications.

Part of a strategic vision of the WHHS leadership is to provide state-of-the art medical services in our local community and to combine the existing clinical excellence in obstetric and neonatal care with resources of one of the leading academic centers in the nation.

PDC services include Advanced 2D and 3-dimensional fetal ultrasound; Doppler flow studies; Fetal echocardiography; Genetic carrier screening; Comprehensive genetic counseling; Non-invasive fetal DNA testing in maternal blood; Invasive fetal testing; Multidisciplinary coordination of the delivery and neonatal care with Obstetricians and the Neonatal Intensive Care Unit (NICU); and Fetal therapy in utero (at UCSF).

Dr. Chyu talked about Fetal Medicine as the “new kid on the block” and reviewed the various applications of 3D ultrasound technology. She explained that the fetus has become a patient in all aspects of medicine, not only for pregnancy and birth, but also for adult life.

In closing, the purpose of the new Washington Hospital PDC is to bring the most advanced prenatal diagnosis and treatment to the community. This is a unique collaboration between one of the leading academic centers in the nation and community based excellent in care.

Director Stewart moved for approval of the minutes of July 12, 17, 24, and 26, 2017.

*APPROVAL OF
MINUTES OF July 12,
17, 24, and 26, 2017*

Director Danielson seconded the motion.

Roll call was taken:

William Nicholson, MD - aye
Bernard Stewart, DDS - aye
Michael Wallace – absent
Patricia Danielson, RHIT – aye
Jacob Eapen, MD – aye

The motion carried.

There were no oral communications.

*COMMUNICATIONS:
ORAL*

The following written communication received from Timothy Tsoi, MD., Chief of Staff, dated July 24, 2017 requesting approval of Medical Staff Credentialing Action Items as follows:

*COMMUNICATIONS:
WRITTEN*

Appointments

Bhimani, Meenesh MD; Gupta, Nisha MD; Holley, David MD; Ing, Jessica MD; Kiringoda, Ruwan MD; Loh, John MD; Madderla, Jayanth MD; Nguyen, Myleen MD; Penner, Mark MD; Randazzo, Marco MD; Wood, William MD

Temporary Privileges

Gupta, Nisha MD; Holley, David MD; Ing, Jessica MD; Kiringoda, Ruwan MD; Loh, John MD; Nguyen, Myleen MD;

Reappointments – Two Year

Amendola, Krista MD; Brown, William MD; Castro, Melanie PA-C; Dai, Jing MD; Engers, John MD; Ezzati, Mohammad MD; Kurkjian, Elizabeth MD; LaRock, Kristi PA-C; Macdonald, Stacie MD; Marwaha, Dimple DPM; Nguyen, Tam MD; Nord, Russell MD; Pang, Donald MD; Patel, Kaveri MD; Reddy, Thirupathi MD; Saxton, Kathryn DO; Schmidt, Bernd MD; Sethi, Saurabh MD; Shah, Mili MD; Shariat, Cyrus MD; Su, Robert MD; Tang, Jevon MD; Win, Htay MD; Wu, Ming-Hsein MD; Yang, Lanshin MD; Yee, Kevin MD; Zonner, Steven DO

Reappointments – One Year

Dickler, Neal MD; Erasmus, Desmond MD; Hussain, Karim MD

Conditional Reappointments

Reen, GS MD

Non-Reappointments – Deemed to have Resigned

Varjavand, Bahram MD

Transfer in Staff Category

Belay, Abren MD; Ezzati, Mohammad MD; Kwok, Joseph MD; LaRock, Kristi PA-C; Shah, Mili MD; Wang, Yi-Chiun MD; Yang, Lanshin MD

Completion of Proctoring & Advancement in Staff Category

Belay, Abren MD; LaRock, Kristi PA-C; Kwok, Joseph MD; Wang, Yi-Chiun MD

Extension of Proctorship and Provisional Category

Beg, Sumbal MD; Franzino, Stephen MD; Gadea, William PA-C; Goldman, Robin MD; Khok, Nee York PA-c; Lee, Simon MD; Paro, John MD; Srinivas, Shekar MD

New Privilege Requests

Arora, Rohit MD; Lee, Patricia MD

Delete Privilege Requests

Hussain, Karim MD; Shariat, Cyrus MD; Saxton, Kathryn DO

Leave of Absence

Tafti, Mona MD

Resignations

Blood, David MD; Henderson, Fiona MD; Knox, Christie MD; Padrez, Ryan MD; Poonacha, Melania MD; Shah, Tushar MD; Sweeney, Daniel MD

Director Stewart moved for approval of the credentialing action items presented by Dr. Tsoi.

Director Danielson seconded the motion.

Roll call was taken:

William Nicholson, MD – aye
Bernard Stewart, DDS – aye
Michael Wallace – absent
Patricia Danielson, RHIT – aye
Jacob Eapen, MD – aye

The motion carried.

Debbie Jackson, Service League, presented the Service League Report. The Service League is trying to recruit new volunteers. There were 25 new volunteers in orientation, ten college and fifteen high school students; no adults. The total volunteer staffing hours for the month of July 2017: 3,844.

*SERVICE LEAGUE
REPORT*

Dr. Timothy Tsoi reported there are 605 Medical Staff members which includes 345 active members.

*MEDICAL STAFF
REPORT*

The Hospital Calendar video highlighted the following events:

*HOSPITAL CALENDAR:
Community Outreach*

Past Health Promotions & Outreach Events

On Wednesday, July 12th as part of the Speaker's Bureau, Kristi Caracappa, Health Insurance Information Service Coordinator, presented "What You Need to Know About Medicare" to residents of Pacifica Senior Living facility in Union City. 18 people attended

On Saturday, July 15th, Washington Hospital hosted a Peripheral Vascular Disease screening event. This free screening included a Doppler study of the circulation in

the legs. Dr. Ash Jain, cardiologist, and Dr. John Thomas Mehigan, vascular surgeon, provided interpretation of results. This event was co-sponsored by Fremont Bank Foundation. A total of 137 people were screened. Of the 137, 25 were found to have possible arterial disease of the lower extremities and 41 were found to have other vascular issues requiring follow up.

On Wednesday, July 19th, Washington Sports Medicine provided sports physical exams for local student athletes at Irvington High School. Drs. Russell Nord, Michael Goldin and Steven Zonner along with help from athletic trainers and volunteers met with athletes to record their height, weight, vision, blood pressure, agility and overall health. Each athlete paid \$20 which will be donated to the schools for sports medicine supplies. 122 students received sports physicals.

On Thursday, July 20th, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, presented "Healthy Living: Tips on Weight Management." The presentation included a body fat percentage screening. 12 people attended

On Tuesday, August 1st, as part of the Stroke Education Series, Melissa Reyes, RN, presented, "Stroke Prevention." 13 people attended

Also on Tuesday, August 1st Washington Hospital's Birthing Center hosted an ice cream social in celebration of World Breastfeeding Week. During the event families and future families learned more about the benefits of breastfeeding for baby and mom. "Participants met with pediatricians, nurses, lactation consultants and other experts," said Nancy Farber, chief executive officer at Washington Hospital. "It's a wonderfully skilled staff. They have a tremendous passion for newborn education, and for giving babies the best possible start in life." 275 people attended

The 2017 Central Park Summer Concert Series presented by Washington Hospital Healthcare System concluded on Thursday, August 3rd with an estimated attendance of 4,500. Washington Hospital provided health information and health screenings.

Also on Thursday, August 3rd from 6:00 to 8:00 pm, as part of the Diabetes Matters Series, , Dr. Steven Zonner, family practice, presented "Exercise IS Medicine."

Upcoming Health Promotions & Community Outreach Events

On Tuesday, August 15th from 10 am to 12 pm, as part of the Stroke Education Series, Melissa Reyes, RN, will present, "Life After a Stroke."

On Thursday, August 16th from 6 to 8 pm, Dr. Mary Maish, thoracic surgeon, will present "Surgery Options for the Treatment of Obesity."

Also on Thursday, August 16th from 7 to 8:30 pm, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, will present "Throw on Your Athletic Shoes and Let's Get Moving." This special presentation includes a half mile walk to Shinn Historic Park where participants will practice tai chi before returning to Washington West.

On Tuesday, August 29th from 1 to 3 pm, Dr. Kadeer Halimi, emergency medicine,

and Dr. Rohit Arora, intensivist hospitalist will present "Learn the Signs and Symptoms of Sepsis."

On Friday, September 15th, from 3 to 5 pm, Dr. Alexander Sah, orthopedic surgeon, will be presenting "Updated Treatments for Knee Pain and Arthritis."

Washington Hospital Healthcare Foundation

On Saturday, October 14th, the Washington Hospital Healthcare Foundation will host the 31st annual Top Hat dinner dance. This year's gala will be chaired by Debbie Jackson, President of the Washington Hospital Service League, Dr. William Dugoni, general surgeon, Washington Township Medical Foundation, medical director of the women's center, and Gary Charland, President and CEO of Masonic Homes. Proceeds from the evening will benefit Washington Hospital's Radiation Oncology Center by supporting the purchase of a new linear accelerator. This treatment modality will increase the Hospital's ability to provide advanced radiation therapy to patients right here in our own community. The Foundation accepted sponsorships for the gala. Thanks are due to the following returning sponsors:

- Fremont Bank
- Professional Home Care Associates/ Neurosport Rehabilitation Associates
- Gonsalves & Kozachenko
- Masonic Homes of California
- Palo Alto Medical Foundation
- VALIC
- Bank of America Merrill Lynch
- Dutra Enterprises

The grand raffle is sponsored this year by Dale Hardware, who are offering the winner a \$2,500 gift card to the store.

Girl Scout and member of The Space Cookies Robotics Club, Ria Shah, worked to earn the Gold Award, the highest achievement in Girl Scouts. In order to accomplish this recognition, she had to identify a need in the community and create and implement a plan to address that need. A few years ago, Ria's young brother was a patient at Washington Hospital for five days. During that time, Ria tried to keep him entertained with books and games. Recalling how this helped her brother, Ria decided to make the pediatrics department of Washington Hospital the benefactor of her Gold Award project. On the behalf of the pediatrics department, Carmen Williams received Ria's donation of fifty activity bags that included, coloring books, crayons, stickers, and card games. Ria also donated books and a bookshelf for the pediatric playroom. She said, "I am proud of giving back to the community which has given me so much throughout my life. I look forward to start volunteering again and maybe one day work at Washington Hospital." Congratulations to Ria on this exceptional accomplishment and many thanks for her donation.

Washington Hospital Employee Association, W.H.E.A.

From July 17th thru August 9th WHEA held a Back Pack Challenge for the Back to School drive. Each department was asked to donate items to fill a back pack for a student in need. The students range from kindergarten to college. Items collected

*HOSPITAL CALENDAR:
Washington Hospital
Foundation Report*

*WASHINGTON
TOWNSHIP
HEALTHCARE
DISTRICT:
Washington Hospital*

will be donated to Abode and SAVE.

*Employee Association,
W.H.E.A.*

On the August 5th and 6th, WHEA held their biggest fundraiser of the year. During the Fremont Festival of the Arts, employees requested a \$5 donation for festival attendees to park in the Washington West parking lot. The event raised over \$5,700. Proceeds will benefit charitable projects and organizations in the District.

Washington On Wheels Mobile Health Clinic, W.O.W.

During the month of July, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Senior Center, Fremont Family Resource Center and the Ruggieri Senior Center in Union City. Washington On Wheels continued with the Summer's free glucose screenings at the Central Park Summer Concert Series in Fremont on July 6th, Centro De Servicios in Union City on July 12th, and Viola Blythe Community Center in Newark on July 27th, in addition to all regularly scheduled community sites. In July, W.O.W. provided 148 glucose screenings and of those 25% had higher than normal glucose levels and are undergoing further testing and treatment for Diabetes. The total number of community members receiving health care from the Washington On Wheels Clinic during the month of July was 173.

*HOSPITAL CALENDAR:
Washington On Wheels
Mobile Health Van*

Internet and Social Media Marketing

Washington Hospital's website serves as a central source of information for the communities the District serves and beyond. The most viewed pages include: Employment, About WHHS, Programs and Services, and Volunteers.

*HOSPITAL
CALENDAR:
Internet and Social
Media Marketing*

InHealth - Channel 78

During the month of July, Washington Hospital's cable channel 78, InHealth, aired five Women's Health Conference programs titled "Updates on the Women's Center," "Preventing Cardiovascular Disease in Women," "Heart Health Nutrition," "Meditation, and "The Patient's Playbook." InHealth also aired the July Board of Directors meeting.

*HOSPITAL
CALENDAR:
InHealth*

Additional Events and Announcements

On Saturday, July 15th the Special Care Nursery team hosted a special reunion. Families of former Special Care Nursery babies joined Neonatologists Dr's. Nahid Rostami and James McGuire and many members of SCN staff as they celebrated the good health of their children. These special children who began their lives at our Hospital played games, enjoyed face-painting and lots of love from our staff members. As Dr. Rostami noted, "We not only care for these babies during their stay, we also care about them for the rest of their lives."

*HOSPITAL
CALENDAR:
Additional Events and
Announcements*

Each year Washington Hospital receives many letters from members of the local 4-H clubs requesting our support in the animal auction at the Alameda County Fair. This year, we received nearly 100 letters. Some of these letters included creative images of the animals; some included carefully researched information, specifically addressing why Washington Hospital should be interested in their animals. Most of the letters emphasized the role raising these animals through 4-H has played in

personal development. Through this organization, Washington Hospital is contributing to the youth of our community. It is our hope that in the years to come, these same youth, will be in a position to "give back." One 4-Her wrote "4-H is a big component of my life, but education has always come first...I want to work in the medical field...This is why all of the money I gain through auctioning off my animal at the fair is put into my savings account for college." Senior Associate Administrator and Chief Financial Officer, Chris Henry, attended the auction. He met with several of the kids, and successfully bid on 21 animals: two goats, four lambs, 14 hogs, and one Grand Champion Steer. The meat from these animals is used by our Food and Nutrition Services department, providing fresh, locally raised food.

Employee of the Month

Enrico started working for WHHS in 2002 as a member of the Lift Team. He worked in this capacity for thirteen years. He is familiar to everyone in the hospital and they describe him as a quiet, respectful, hardworking employee. He was never too busy to lend a hand and always did so with a smile.

In 2015, Enrico joined the Perioperative Services team as a Surgical Support Tech on the afternoon shift. This was a new position for Enrico with many new skills to be learned. He jumped in with both feet and was a very attentive student of his new position. In a few short years he has become the go to guy on the PM shift. He always arrives to work on time and with a smile on his face. His quiet, unassuming ways have won the hearts of all of his co-workers.

Enrico enjoys sports cars, attends St. James Catholic Church and has family in Las Vegas which he likes to visit whenever he is able to.

Nancy Farber introduced Donald Pipkin and Bettina Kurkjian who presented Lean Leadership. Mr. Pipkin reviewed the Lean Tools: Value Stream Mapping, A-3 as a roadmap for improvement; Kaizen workshops, Standard Work, and the Lean Management/Visibility Boards. He also gave an overview of the roles Lean management: Frontline leaders, Executive sponsors, and Process owners.

Dr. Kurkjian reviewed the goals of a successful Lean management system: focusing on continued proactive management, identifying opportunities to facilitate improvement in the organization, engaging all staff to become problem solvers; aligning improvement work with organizational objectives, and committing to improvement in every part of the organization every day. She discussed the LLD education program and the use of the visibility boards at the executive level, department leadership level, and front line level with the purpose being to have the frontline staff understand the business and to promote problem solving. Both successes and challenges were presented.

Ed Fayen presented the construction update on the Morris Hyman Critical Care Pavilion sharing photographs of the closing and finishing of walls in the PBX Room ground floor; installing ceiling tile on the ground floor; door frame in place on

*HOSPITAL
CALENDAR:
Employee of the Month –
Enrico Macalino*

*LEAN/KAIZAN
UPDATE
Lean Leadership*

*CONSTRUCTION
REPORT
Construction Update*

Elevator #5 ground floor; the flooring in place in resuscitation room 1224 on the ground floor; containment area for lead-lined dry wall installation in X-ray and CT rooms on the first floor; lockers installed in the men's locker room on the first floor; CCU room 2031 on the second floor; flooring installation in the ICU on the second floor; a nurse station on the third floor; low voltage cabling in and out of IDF room 3254 on the third floor; the atrium skylight on the penthouse roof; and the current Site View. The construction timelines was reviewed and Mr. Fayen noted that the construction is proceeding on time.

Mary Bowron, Senior Director of Quality and Resource Management presented the Quality Report: Infection Prevention Update August 2017. According to the Centers for Disease Control, there are 1.7 million healthcare infections in America every year. Healthcare associated infections (HAI) are among the top ten leading causes of death in the U.S. Ms. Bowron reviewed the history of the Washington Hospital Infection Prevention Committee and its program focus on Prevention and elimination of infections, Surveillance of the hospital environment, Real-time reporting and analysis, and Surveillance software to discover clinically meaningful patterns in complex data.

*QUALITY REPORT:
Infection Prevention
Update August 2017*

Dr. Dianne Martin then presented the identified focus areas for 2017: Antimicrobial Stewardship, Hand Hygiene Compliance, and C. Difficile Infection Prevention. She reviewed the elements of Washington Hospital's active surveillance of infections and the specific hospital acquired infections that are assessed annually which include: Central line associated blood stream infections, Ventilator associated events, Catheter associated urinary tract infections, Vancomycin-resistant enterococci infections, MRSA infections, C. difficile infections, Surgical site infections, and Carbapaneum-resistant enterobacteriaceae infections.

Dr. Martin noted that a risk assessment tool is utilized to evaluate patient safety related to all new construction/renovation projects, such as the current construction of the Morris Hyman Critical Care Pavilion. She reviewed the regular surveillance of environmental services and the relationship with Employee Health and Safety to improve employee workplace safety on an ongoing basis. She also reviewed the new Epic Infection Prevention module created by Information Services and the Infection Prevention team.

Dr. Martin closed with a review of patient education on drug resistant organisms and community outreach as well as the infection prevention module required to be completed annually as part of staff education.

Chris Henry, Chief Financial Officer, presented the Finance Report for June 2017. The average daily census was 159.6 with admissions of 1,005 resulting in 4,787 patient days. Outpatient observation equivalent days were 147. The average length of stay was 4.90 days. The case mix index was 1.522. Deliveries were 148. Surgical cases were 348. Joint Replacement cases were 148. Neurosurgical cases were 16. Cardiac Surgical cases were 8. The Outpatient visits were 7,089 and Emergency visits were 4,358. Total productive FTEs were 1,400.1. FTEs per adjusted occupied bed were 6.50.

FINANCE REPORT

Nancy Farber presented the Hospital Operations Report for July 2017. Preliminary information indicated gross revenue for the month of July at approximately \$154,071,000. The Average Length of Stay of 4.53 and there were 4,362 patient days. There were 308 Surgical Cases and 274 Cath Lab procedures at the Hospital. Deliveries for June were 156. Non-Emergency Outpatient visits were 6,889. FTEs per Adjusted Occupied Bed were 7.30. The Washington Outpatient Surgery Center had 436 cases and the clinics saw approximately 3,418 patients.

*HOSPITAL
OPERATIONS REPORT*

In accordance with Health & Safety Code Sections 1461, 1462 and 32106 and Government Section 54954.5(h) Director Nicholson adjourned the meeting to closed session at 8:10 pm, as the discussion pertained to Hospital trade secrets, Human Resources matters, and Risk Management.

*ADJOURN TO CLOSED
SESSION*

Director Nicholson reconvened the meeting to open session at 9:05 pm and reported no action was taken in closed session.

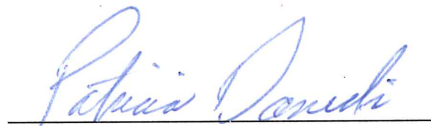
*RECONVENE TO OPEN
SESSION & REPORT ON
CLOSED SESSION*

There being no further business, Director Nicholson adjourned the meeting at 9:05 pm.

ADJOURNMENT



William Nicholson, MD
President



Patricia Danielson, RHIT
Secretary