

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, May 8, 2013 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Nicholson called the meeting to order at 6:01p.m. and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken. Directors present: William Nicholson, MD, Bernard Stewart, DDS, Patricia Danielson, RHIT, Jacob Eapen, MD, Michael Wallace

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer, John Romano, MD, Chief of Medical Staff, Jeannie Yee, Service League President, Catherine Bartling, District Clerk

Guests: Jan Wood, Kimberly Hartz, Chris Henry, Albert Brooks, MD, Bryant Welch, Stephanie Williams, Kent Joraanstad, Barbara Eusebio, Kristin Ferguson, Angus Cochran, David McCobb, Nathan Clay, Larry Bowen, Nicholas Legge, Gisela Hernandez, Donald Pipkin, Gus Arroyo, Bill Emberley, John Tran, John Sayage, Mari Spencer, Lyanne Mendez

Ms. Farber introduced Stephanie Williams, RN, Chief Nursing Officer, who presented The Varied Fields of Nursing. Ms. Williams began by highlighting The American Nurses Association's theme for this year's Nurses' Week (May 6-12): Delivering Quality and Innovation in Patient Care. Ms. Williams reviewed the many ways RNs use their knowledge, compassion and skills to help patients. She discussed how RNs use innovation in processes and technology and best practices to improve quality of patient care. Ms. Williams showed the percentages of WHHS RNs with BSN or Higher Nursing Degrees and percentages of WHHS RNs with National Certifications. Ms. Williams provided an overview of the varied fields of Nursing roles at WHHS starting with the CNO, Nursing Leaders, Charge Nurses, Nursing Supervisors, Nurse Practitioners, Clinical Nurse Specialists, and many others in the nursing field including Employee Health and Risk Management/Patient Representative. Ms. Williams concluded with a quote from Notes on Nursing, What It Is, and What It Is Not, by Florence Nightingale, the founder of modern Nursing, "The very first requirement in a hospital is that it should do the sick no harm."

*EDUCATION SESSION:
"The Varied Fields of
Nursing"*

Director Danielson moved for approval of the minutes of April 10, 15, 22, and 24, 2013. On a second by Director Stewart the motion unanimously carried.

*APPROVAL OF MINUTES
OF APRIL 10, 15, 22 and
24, 2013*

There were no oral communications.

*COMMUNICATIONS
ORAL*

The following written communication was received from John Romano, MD, Chief of Staff Elect, dated April 22, 2013, requesting approval of Medical Staff Credentialing Action Items, as follows:

*COMMUNICATIONS
WRITTEN*

Appointments: Crawford, Shannon, MD, Bezdikian, Vatche, MD, Martinez, Zak, MD, Sharif, Yasar, MD

Reappointments: Ahn, Jeanie J., MD, Assali, Albert V., MD, Baig, Khalid A., MD, Barrie, Stacey F., MD, Calhoun, Siobhan L., MD, Carreon, Gloria G., MD, Davila, Edmundo R., MD, Gersten, Kevin M., MD, Kale, Ashay A., MD, Kurtz, Kimberly N., PA-C, McNay, Anna T., MD, Nguyen, Meagan P., PA-C, Pflieger, Keith J., C.C.P., Sandhu, Ajit P., MD, Valencia, Jr., Benito, MD, Whalen, Edward J., MD, Sandhu, Surinder, MD

Transfer in Staff Category: Gomes, Daniel R., D.P.M., Assali, Albert V., MD, Strong, H. Evan, MD, Sandhu, Surinder, MD

Extension of Proctorship and Provisional Category: Kapila, Kiran, MD, Kapila, Yagya, MD, Voong, David, MD

Resignations: Perez, Marco V., M.D., Acharya, Jaishree, MD, Alpers, Leila S., M.D.

Director Wallace moved for approval of the credentialing action items. On a second by Director Stewart the motion unanimously carried.

Jeannie Yee, Service League President, presented the Service League Report. Ms. Yee reported the Service League had a wonderful lunch at the Marriott and received many cards, emails, homemade goodies, and other items in recognition of Volunteer Week. Ms. Yee thanked the Hospital Board of Directors and Hospital Leadership for attending their recognition luncheon. Ms. Yee reported the Masquerade \$5 Jewelry and Accessory Sale was a rousing success thanks to the support of the hospital staff, patients and community. The Service League's commission from the sale was \$14,870. The Service League Scholarship Committee held interviews this week for 15 applicants. Two four year renewable scholarships at \$1000 per year and two one-time \$900 scholarships were awarded. The names will be announced at next month's board meeting.

*SERVICE LEAGUE
REPORT*

Dr. Romano reported there are 535 Medical Staff members. Dr. Romano discussed current pre-applications and applications in process and reported the Medical Staff continues to grow.

*MEDICAL STAFF
REPORT*

Ms. Farber introduced Kimberly Hartz, Associate Administrator, who presented the Hospital Calendar video highlighting the following events:

*HOSPITAL CALENDAR:
Community Outreach*

April 10th, "Insomnia."

April 12th, "Don't Let Achy Knees Slow You Down: Osteoarthritis and Knee Replacement."

April 20th, "Let's Go Green Together!"

April 23rd, "Health Insurance Options."

April 24th, "Medicare and Durable Medical Equipment, for the Better Breather's Support Group."

April 26th, Annual Volunteer Appreciation Luncheon.

April 27th, YMCA Healthy Kids Day 5 K walk/run and health expo.

May 2nd, "Diabetes Meal Planning: Peaks and Pitfalls of a Vegetarian Diet."

May 7th, National Stroke Alert Day.

May 7th, "Introduction – Stroke" and "Risk Factors for Stroke."

Upcoming Health Promotions & Community Outreach Events:

May 14th, Deep Venous Thrombosis.

May 17th, "Fall Prevention and Balance."

May 18th, Washington Township Medical Foundation will participate in the City of Fremont Recreation Department's Kids N Kites Festival. Washington Hospital is a sponsor for this event.

June 4th, "Acute Management of Stroke" and "Chronic Care and Stroke Rehabilitation."

June 6th, "On the Road with Diabetes: Traveling with Diabetes."

June 7th, Washington Hospital will participate in the Four Seasons of Health Expo.

June 10th, "Neck, Back, and Beyond."

Ms. Farber discussed an article from Health Affairs on the Slowing Rate of Health Care Spending. It identified a number of possibilities as to why US health care spending growth has slowed and the implications if the trend continues for the next decade. Ms. Farber commented that the reasons for the decline in health care spending go beyond the economic recession. She discussed some of the issues involved and indicated it will take time to understand the impact of the cut backs.

Ms. Farber discussed the delayed implementation of the dual eligible (designed for people who qualify for both Medicare and Medicaid at the same time) demo project which will now begin no earlier than January 1, 2014.

Ms. Farber talked about the impending seven day labor strike set to begin on May 17th through May 24th at East Bay Sutter Hospitals. Five hospitals with more than 2,800 nurses are affected, including three Alta Bates Summit Medical Center facilities in Oakland and Berkeley, Eden Medical Center in Castro Valley and Sutter Delta Medical Center in Antioch.

Ms. Farber commented on the status of the expansion of the state's Medicaid programs. Only 16 states and the District of Columbia approved their expansion programs with 27 states rejecting it and 7 on the fence. Ms. Farber noted it would be too late to operate the new program by January 2014.

Washington Hospital Foundation Report

The Foundation Golf Committee is working hard to ensure a great day of play for golfers at the Washington Hospital Healthcare Foundation golf tournament being held at the Blackhawk Country Club in Danville, on June 24, 2013. The tournament, named in memory of long-time Fremont businessman, Gene Angelo Pessagno, raises money to support hospice care and surgical services. To sponsor the tournament or to reserve your foursome, please call Washington Hospital Healthcare Foundation at (510) 791-3428.

*HOSPITAL CALENDAR:
Washington Hospital
Foundation Report*

The Washington Township Health Care District Board of Directors' Report

On April 18th, Washington Township Health Care District board members Patricia Danielson and Dr. Bernard Stewart attended the Newark Chamber of Commerce's annual State of the City Address, given by Mayor Al Nagy.

On April 19th, board members Patricia Danielson, Dr. William Nicholson, and Dr. Bernard Stewart attended the annual Fremont Prayer Breakfast.

On April 19th, board member Patricia Danielson attended New Haven Schools Foundation's annual Pathways to Success Scholarship Luncheon. At the luncheon, Ms. Danielson presented the Washington Hospital Healthcare System scholarship to Mary Favela, a senior at James Logan High School, who will be attending University of the Pacific in the Fall. Mary is a long-time volunteer at Tri-City Health Center.

On April 23rd, board member Patricia Danielson attended the swearing-in ceremony for Demetrious Shaffer, Chief of Alameda County Fire Department and past president of the Washington Hospital Healthcare Foundation.

On April 25th, board member Dr. Bernard Stewart attended HERS Breast Cancer Foundation's annual People with Purpose Luncheon.

On April 27th, board members Patricia Danielson and Dr. Bernard Stewart attended Citizens for Better Community's 21st Annual Spring Celebration.

On May 3rd, board members Patricia Danielson and Dr. Bernard Stewart attended the Friends of Scouting Leadership Breakfast.

*HOSPITAL CALENDAR:
Board of Directors' Report*

Washington On Wheels Mobile Health Clinic, W.O.W.

During the month of April, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Senior Center, Fremont Family Resource Center, Silliman Activity Center in Newark, the New Haven Adult School and the Ruggeri Senior Center in Union City. The W.O.W. Clinic provided health care services to students and families at Brier Elementary School and Irvington High School in Fremont. W.O.W. provided occupational health pulmonary function testing, physical exams and OSHA questionnaires to 30 employees at Excelitas Technologies, a global technology company. W.O.W. provided 42 pre-employment physicals for employees at Tesla Motors in Fremont.

*HOSPITAL CALENDAR:
Washington On Wheels
Mobile Health Van*

Internet Marketing

There were over 41,000 visits to the hospital website in April. The hospital's physician finder section was the most viewed webpage with 15,573 page views, followed by the volunteer section with 11,463, the About WHHS section with 8,484 page views, and the Women's Health and Pregnancy section with 2,970.

*HOSPITAL CALENDAR:
Internet Report*

InHealth - Channel 78

During the month of April, Washington Hospital's cable channel 78, InHealth, aired new programming including two Diabetes Matters programs: "Protect Your Heart" and "What's New: Diabetes Update for 2013". InHealth taped the April Board of Director's Meeting. For more information on any of the programs mentioned, visit whhs.com or call 1-800-963-7070.

*HOSPITAL CALENDAR:
InHealth*

Washington Hospital Employee Association, W.H.E.A.

The Washington Hospital Employees Association received 9 applications for the Don Pickinpaugh Memorial Scholarship. This \$2,000 Scholarship is available for dependents of Washington Hospital who are enrolled as a full time senior in a California high school or are pursuing a degree as a half-time or more student at an accredited college, university or vocational school. The winner to be announced in late May. On Saturday, April 13, WHEA held a theater excursion to Jersey Boys. 31 employees and family members attended the event.

*HOSPITAL CALENDAR:
W.H.E.A.*

Employee of the Month

Meldy Pak is the employee of the month for May. Meldy was hired in 2002 as a Central Registration Clerk and went through the Career Ladder program at Washington Hospital. In 2005 she graduated from Ohlone College as a Respiratory Therapist and is dedicated to her career here at the hospital. Meldy has played a key role on the night shift with her strong sense of communication and teamwork. She exemplifies leadership in her bedside manner, assessment skills and collaborating with others - all for the well being of the patient. Every day she gives 110% - this recognition award is well deserved."

*HOSPITAL CALENDAR:
Employee of the Month -
Meldy Pak*

Ms. Farber introduced Stephanie Williams, Chief Nursing Officer, who presented the Quality Report, Nurse Sensitive Indicators for Quarter Ending December 2012. Ms. Williams discussed the impact nursing care has on patient outcomes and reviewed the nurse sensitive indicators: central line associated blood stream infections; catheter associated urinary tract infection; hospital acquired pressure ulcers, patient falls, and restraints.

*QUALITY REPORT
"Nurse Sensitive Quality
Indicators"*

Chris Henry, Chief Financial Officer, presented the Finance Report for March. The average daily census was 176.6 with admissions of 989 resulting in 5,474 patient days. Outpatient observation equivalent days resulted in 362. The average length of stay was 5.35 days. The case mix index was 1.507. Deliveries were 162. Surgical cases were 355. Joint Replacement cases were 115. Neurosurgical cases were 13. Cardiac Surgical cases were 9, PTCA procedures were 34, and the Outpatient visits were 8,598. Total productive FTEs were 1,332.4. FTEs per adjusted occupied bed were 6.34.

FINANCE REPORT

Ms. Farber presented the Hospital Operations Report for April. There were 943 admissions with 4,802 days of care or an average daily census of 160. Preliminary information indicated inpatient revenue for the month at approximately \$127,979,000; 55.8% was Medicare and 7.5% was Medi-Cal, or a total of 63.3% in government program revenue. There were 146 deliveries in the Hospital. There were 401 surgical cases at the Hospital and 589 cases at the Surgery Center. There were 368 heart cases including 39 PTCAs. The Emergency Room saw 4,251 patients. The clinics saw approximately 3,460 patients. FTEs per Adjusted Occupied Bed were 7.06.

HOSPITAL OPERATIONS REPORT

In accordance with District Law, Policies and Procedures, Director Stewart moved the Chief Executive Officer be authorized to purchase the Intravascular Ultrasound Integrated System for Vascular Imaging for an amount not to exceed \$109,712. This equipment was not included in the Fiscal Year 2013 Fixed Asset Budget. On a second by Director Wallace the motion unanimously carried.

APPROVAL OF INTRAVASCULAR ULTRASOUND INTEGRATED SYSTEM FOR VASCULAR IMAGING

In accordance with District Law, Policies and Procedures, Director Stewart moved the Chief Executive Officer be authorized to proceed with the purchase of the hardware, software and implementation services for the EMC Data Storage System for an amount not to exceed \$349,398. On a second by Director Wallace the motion unanimously carried.

APPROVAL OF EMC DATA STORAGE SYSTEM

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Nicholson adjourned the meeting to closed session at 7:08 p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

ADJOURN TO CLOSED SESSION

Director Nicholson reconvened the meeting to open session at 7:35 p.m. and reported no action was taken in closed session.

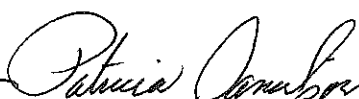
RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

There being no further business, Director Nicholson adjourned the meeting at 7:35 p.m.

ADJOURNMENT



WILLIAM NICHOLSON, MD
President



PATRICIA DANIELSON, RHIT
Secretary